

Personal Development Curriculum Map

Year	Relationships Education (Including online relationships)	Health Education: Physical Health and Mental Wellbeing	Careers and Critical Skills	Citizenship and British Values	Online Safety
7	<p>Relationships - Transition to high school booklet</p> <ul style="list-style-type: none"> · Welcome Booklet/Transition · Getting to know your form - friendship building and tree of hands · Questions and uncertainties and advice from peer mentors · Future me aspirations and dreams <p>Respectful relationships</p> <ul style="list-style-type: none"> · Characteristics of positive and negative relationships Bullying and peer pressure and where to go to for support · Trust, respect, honesty, kindness, generosity, boundaries, privacy, consent and the management of conflict, reconciliation and ending relationships · Be able to judge when a family, friend, intimate or other relationship is unsafe · Reporting concerns and signpost where to get support 	<p>Changing Adolescent Body</p> <ul style="list-style-type: none"> · Puberty and changing adolescent female and male bodies · Implications for emotional and physical health · Accessing support · The impact of tooth decay on health <p>Healthy eating</p> <p>Physical and Mental Health</p> <ul style="list-style-type: none"> · Emotions and happiness and the benefits of exercise for physical and mental health and wellbeing · There is a normal range of emotions · Understand where normal variations in emotions end and wellbeing issues begin · Characteristics of good mental wellbeing · How to boost self esteem · Understand what can affect wellbeing and resilience · Positive two-way relationship between good physical health and good mental wellbeing 	<p>Careers</p> <ul style="list-style-type: none"> · Who am I – what influences what I like? · Dream Job – what skills would you need? · What is a career? Why is it a journey? · What is an entrepreneur? Could you run your own business? · Strategies to maintain a work-life balance · Future careers – How are the jobs of today different from the past? <p>Critical skills</p> <ul style="list-style-type: none"> · Growth and fixed mindset and resilience · How does my brain help me learn, metacognition and how to revise <p>Critical Skills - Life Skills</p> <p>Lancashire fire and water rescue assembly (all years)</p>	<p>Citizenship and British Values</p> <ul style="list-style-type: none"> · Rules in Society · Local Decision Making · The functions and uses of money in society · British Values 	<p>Internet Safety and Harms</p> <ul style="list-style-type: none"> · The effect of their online actions on others and expectation of behaviour online and the impact of positive and negative content · The importance of keeping personal information private and not to provide material to others that they wouldn't want shared further · Benefits of rationing time spent online. Identifying and reporting harmful online behaviours and accessing support <p>Critical skills</p> <ul style="list-style-type: none"> · Social media use and keeping yourself safe · Digital Footprint <p>Computing curriculum</p> <ul style="list-style-type: none"> · Malware, viruses and prevention · Cyber-bullying

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		<ul style="list-style-type: none"> ·The importance of happiness · Importance of balance ·The characteristics and evidence of what constitutes a healthy lifestyle, healthy diet · Risks associated with unhealthy eating (including obesity and tooth decay) · Early signs of mental health issues and how to access support and report concerns <p>Mental and emotional wellbeing and friendships</p> <ul style="list-style-type: none"> ·Looking after your mental health and wellbeing and positive self-talk ·Friendships, respecting differences and managing conflict ·Bullying and peer pressure <p>Basic First Aid</p> <ul style="list-style-type: none"> · Common injuries · Life-saving skills, including how to administer CPR · The purpose of defibrillators and when one might be needed <p>Wednesday – Meditation</p> <ul style="list-style-type: none"> ·Wellbeing – Wednesday form time <p>Fitness Friday</p> <ul style="list-style-type: none"> ·Walk during form time 			<ul style="list-style-type: none"> · Phishing · The Protection from Harassment Act 1997 · The Malicious Communications Act 1988 · The Telecommunications Act 1997 · The Communications Act 2003 · The Public Order Act 1986 · Safer social networking – how much information to give away, staying safe, safe profiles for online platforms · Choices of passwords and data security
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8	<p>Relationships Education</p> <ul style="list-style-type: none"> · Friendships · Peer Pressure · Sharing and viewing indecent images of children is a criminal offence · Family relationships – marriage, civil partnerships and divorce · The stages of grief · Long term relationships · Roles and responsibilities of parents · Child abuse including physical, emotional, sexual abuse and neglect · Healthy and unhealthy relationships · The concepts of grooming · Online relationships and keeping safe · Stereotypes · Bullying including cyberbullying · Hate crime and extremism · Reporting concerns and support <p>Relationships Education</p>	<p>Basic First Aid</p> <ul style="list-style-type: none"> · Basic first aid and asthma attacks <p>Mental Health and physical health</p> <ul style="list-style-type: none"> · 5 ways to wellbeing · The importance of sufficient good quality sleep for good health and how a lack of sleep can affect weight, mood and ability to learn · How to maintain healthy eating and the links between a poor diet and health risks · To explain how technology and social media can negatively impact your mental health <p>Wednesday – Meditation</p> <ul style="list-style-type: none"> · Wellbeing – Wednesday form time <p>Fitness Friday</p> <ul style="list-style-type: none"> · Walk during form time 	<p>Careers</p> <ul style="list-style-type: none"> · What are my interests? · Creating a great CV · Challenges and Rewards of work · Envisaging the life, you want · What do you view as success? · Careers and the climate: Green Jobs <p>Critical Skills - Life Skills</p> <ul style="list-style-type: none"> · Lancashire fire and water rescue assembly (all years) <p>Critical skills - Debating Skills</p> <ul style="list-style-type: none"> · Debating skills and a class debate. Should voting age be reformed? Can citizens change laws? Should the age of criminal responsibility be 10 years old? 	<p>National Government, Parliament and Democracy</p> <ul style="list-style-type: none"> · The difference between government and parliament · How do elections work? · What do political parties do? · What do MP's do? · How are laws made? · Can citizens change laws? · Age of criminal responsibility - Debate 	<p>Internet Safety and Harms</p> <ul style="list-style-type: none"> · The impact of unhealthy or obsessive comparison with others online (including through setting unrealistic expectations for body image) · Harmful behaviours online (including bullying, abuse or harassment) and how to report, or find support · The concepts of, and laws relating to, sexual consent, sexual exploitation, abuse, grooming and coercion · Not to provide material to others that they would not want shared further and not to share personal material which is sent to them

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	<ul style="list-style-type: none"> · The legal rights and responsibilities regarding equality (protected characteristics as defined in the Equality Act 2010) · Mutual respect including people in positions of authority and due tolerance of other people’s beliefs · Different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders to report bullying and how and where to get help · That some types of behaviour within relationships are criminal, including violent behaviour and coercive control. · What constitutes sexual harassment and sexual violence and why these are always unacceptable 				<ul style="list-style-type: none"> · What to do and where to get support to report material or manage issues online. - The impact of viewing harmful content · Online Safety - How information and data is generated, collected, shared and used online <p>Relationships Education</p> <ul style="list-style-type: none"> · The concepts of online grooming · Online relationships and keeping safe · Stereotypes · Bullying including cyberbullying · Hate crime and extremism online · Reporting concerns and support
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	Relationships and Sex Education (RSE) (Including online relationships)	Health Education: Physical Health and Mental Wellbeing	Careers and Critical Skills	Citizenship and British Values	Online Safety
9	<p>Relationships and Sex Education</p> <ul style="list-style-type: none"> · Healthy and unhealthy relationships · Know how to recognise the characteristics and positive aspects of healthy one-to-one intimate relationships, which include mutual respect, consent, loyalty, trust, shared interests and outlook, sex and friendship · Criminal behaviours in relationships, as well as, addressing contexts of the law, know when relationships are unhealthy or abusive – assault, sexual assault, stalking, harassment and blackmail · Facts and the law about sex · Biological sex and sexual orientation · The hormones related to sexual feelings · Intimate relationships – intellectual emotional spiritual and physical 	<p>Physical Health and mental wellbeing</p> <ul style="list-style-type: none"> · Check in ways to look after your mental health · Puberty changes and managing emotions · Personal hygiene · Emotional changes which take place during puberty and adolescence and the impact on their wider health and wellbeing · Strategies to manage the physical and mental changes that are typical of growing up · Understand where normal variations in emotions end and wellbeing issues begin · Causes and triggers for unhealthy coping strategies, including self-harm and eating disorders, and the need to seek help as soon as possible · Mental health stigma · Accessing support and reporting concerns <p>Basic First Aid (Heart Start)</p> <ul style="list-style-type: none"> · How to respond to an emergency situation 	<p>Careers</p> <ul style="list-style-type: none"> · What are my transferable skills that will help me in the workplace? · What are my options post 16? · Needs and wants when career planning · Managing your money when earning · The labour market and its importance to you <p>Critical Skills - Life Skills</p> <p>Lancashire fire and water rescue assembly (all years)</p>	<p>Citizenship and British Values</p> <ul style="list-style-type: none"> · Mutual respect & tolerance of different religions and cultures - Equality Act 2010 · Discrimination and prejudice · Why do we need laws on equality in the UK? · Liberties in the UK 	<p>Internet Safety and Harms</p> <ul style="list-style-type: none"> · Why do social media and videogames have age limits? · The impact of viewing harmful content · Body image and distorted reality · How advertising and information is targeted at them and how to be a discerning consumer of information online <p>Sex and Relationships Education</p> <ul style="list-style-type: none"> · Online behaviours and risks including nudes, revenge porn and pornography · Impact of the social media on expectations of relationships and sex · Unacceptability of online bullying and prejudice-based language, including

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	<ul style="list-style-type: none"> · Sexually transmitted infections (STIs), including HIV/AIDS, are transmitted · How risk can be reduced through safer sex (including through condom use) and the importance of and facts about testing · How to respond if someone has, or may have, an STI (including ways to access sexual health services) · Contraception · How and where to access contraception and advice · Learn about condoms and how to use them effectively · Reproductive health facts about reproductive health, including fertility and the potential impact of lifestyle for men and women and menopause · How and where to access confidential sexual and reproductive health advice and treatment and reporting concerns about others · The biological facts around pregnancy including miscarriage · There are choices in relation to pregnancy (with medically 	<ul style="list-style-type: none"> · The recovery position · Cardiac arrest and heart attack · Cardio-pulmonary resuscitation (CPR) · Defibrillator · Serious bleeding · Choking <p>Health</p> <ul style="list-style-type: none"> · Cholesterol · Obesity and BMI · Breast Cancer, Cervical Cancer & Testicular cancer <p>Impact of vaping</p> <p>Drugs, Alcohol and Tobacco</p> <ul style="list-style-type: none"> · Legal and illegal substances and associated risks including smoking, tobacco, e-cigarettes, The impact of vaping, shisha, e-shisha, cannabis, alcohol, volatile substances and new psychoactive substances · Positive and negative uses of drugs in society · Law relating to the supply, possession, use and misuse of legal and illegal substances · Strategies to manage a range of influences on drug, alcohol 			<p>sexism, homophobia, biphobia and transphobia</p> <ul style="list-style-type: none"> · Advice, support and reporting concerns
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	<p>and legally accurate, impartial information on all options, including keeping the baby, adoption, abortion and where to get further help)</p> <ul style="list-style-type: none"> · The law relating to abortion (know that some cultures don't believe in abortion) · The consequences of unintended pregnancy and sources of support · Identifying and managing sexual pressure · The law and consent · The concepts of, and law relating to, consent, including sexual consent. This includes what consent is (and isn't) and the age of consent. · How people can actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn (in all contexts, including online) · Online behaviours and risks including nudes, revenge porn and pornography · Impact of the media on expectations of relationships and sex 	<p>and tobacco use, including peers</p> <ul style="list-style-type: none"> · Effective interventions and prevalence · How to access support and report concerns <p>Wednesday – Meditation</p> <ul style="list-style-type: none"> · Wellbeing – Wednesday form time <p>Fitness Friday</p> <ul style="list-style-type: none"> · Walk during form time 			
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<ul style="list-style-type: none">· Unacceptability of bullying and prejudice-based language, including sexism, homophobia, biphobia and transphobia· Understand circumstances that might lead to risky sexual behaviour including alcohol and drugs <p>Risky sexual behaviour</p> <ul style="list-style-type: none">· The support and services available to them should they feel, or believe others feel, they are being abused or in an unhealthy relationship and how to access them. <p>Image sharing and revenge porn</p> <ul style="list-style-type: none">· The law and risks regarding sharing personal information, pictures (including explicit images), videos and other material using technology (including 'sexting', youth-produced sexual imagery, revenge porn, nudes and pornography etc.)· Recognise the portrayal and impact of sex in the media and social media can affect people's expectations of relationships and sex (which might include music videos,				
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	<p>advertising and sexual images shared between young people, the unrealistic portrayal of relationships and sex in pornography)</p> <ul style="list-style-type: none">· Some pupils may be exposed to harmful behaviours online, and via other forms of media, which normalise violent sexual behaviours.· Understand the impact of viewing harmful content· Advice, support and reporting concerns <p>Recap with form tutor</p> <ul style="list-style-type: none">· Romantic relationships and respect· Actively communicate and recognise consent from others, including sexual consent, and how and when consent can be withdrawn· That sharing and viewing indecent images of children is a criminal offence· How to end relationships				
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	Relationships and Sex Education (RSE) (Including online relationships)	Health Education: Physical Health and Mental Wellbeing	Careers and Critical Skills	Citizenship and British Values	Online Safety
10	<p>Relationships Education</p> <ul style="list-style-type: none"> · Healthy and unhealthy relationships · Toxic relationships · Assertiveness in relationships · The legal status of marriage and other long-term relationships · Roles and responsibilities of parents · Fertility and pregnancy · Domestic abuse, including coercive and controlling behaviour · So, called “honour” based violence · Forced marriage · Bullying, harassment and control in relationships · Sexual exploitation and grooming · Rape, sexual assault, sexual harassment and sexual violence · Consent · Female Genital Mutilation · Where to for support 	<p>Physical Health</p> <ul style="list-style-type: none"> · Breast Cancer, Cervical Cancer & Testicular cancer · Sepsis <p>Basic First Aid</p> <ul style="list-style-type: none"> · Recap of Heart Start · Bones muscles and joint injuries · Strokes · Chest pains <p>Mental Health and Wellbeing</p> <ul style="list-style-type: none"> · Understand where normal variations in emotions end and wellbeing issues begin · Common types of mental ill health including causes, symptoms, treatments, prevalence, triggers and unhealthy coping strategies · Self-confidence and self esteem · Where to access support and report concerns · Reframing negative thoughts and CBT · Self Harm and Eating Disorders · The facts about male mental health · GCSE mindset day 	<p>Careers</p> <ul style="list-style-type: none"> · Reflecting on my career journey · Exploring employer profiles · What type of career is best for me? · Wellbeing in the workplace · What are the pros and cons of different working environments? <p>Critical Skills - Life Skills</p> <ul style="list-style-type: none"> · Lancashire fire and water rescue assembly (all years) <p>Critical Skills – Debating</p> <p>Medical Ethics</p> <ul style="list-style-type: none"> · Explore a number of medical ethics dilemmas and solutions to resolve them · Is utilitarianism a good way to make ethical decisions? · Ethics and organ donation · Vaccinations and stem cell research 	<p>Citizenship Studies</p> <ul style="list-style-type: none"> · Direct and representative democracy · Media Freedom · The difference between democratic and non-democratic governments · The UK’s international relations - UN · The difference between local regional and international governance · The UK’s changing relationship with Europe 	<p>Online Safety</p> <ul style="list-style-type: none"> · Cyber Crime · Gaming · Gambling · Augmented Reality · Online harassment and control in relationships · Sexual exploitation and online grooming · Extremism, terrorism and radicalisation, how recruiters use online platforms to groom people. · Counter terrorism · Fake news and how to be a critical reader · Common types of mental ill health including causes, symptoms, treatments, prevalence, triggers, unhealthy coping strategies, including the influence of behaviour online · Resilience

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	<p>Tackling and Preventing Extremism</p> <ul style="list-style-type: none"> · Extremism, terrorism and radicalisation · Describe techniques used to radicalise individuals · Counter terrorism - prevent Duty · Fake news and being a critical reader · To know where to go to for support 	<ul style="list-style-type: none"> · Coping with stress · Coping with anxiety · Stress and strategies to support wellbeing · Social Dilemma The dangers of social media on mental health · Self care <p>Wednesday – Meditation</p> <ul style="list-style-type: none"> · Wellbeing – Wednesday form time <p>Fitness Friday</p> <ul style="list-style-type: none"> · Walk during form time 			<ul style="list-style-type: none"> · Self-confidence and self-esteem – including the influence of media
	<p>Relationships and Sex Education (RSE) (Including online relationships)</p>	<p>Health Education: Physical Health and Mental Wellbeing</p>	<p>Careers and Critical Skills</p>	<p>Citizenship and British Values</p>	<p>Online Safety</p>
11	<p>Sex and Relationships Education</p> <ul style="list-style-type: none"> · Consent (Lancashire Sexual Health Service) · Contraception and sexually transmitted infections (Lancashire Sexual Health Service) · The dangers of porn · Image sharing and the law – revenge porn · Stereotypes · Discrimination · Prejudice · Conscious and unconscious bias 	<p>Physical Health and Mental Wellbeing</p> <ul style="list-style-type: none"> · Body image, BDD and body positivity · Risks associated with cosmetic and aesthetic procedures · Risks associated with tattoos piercing · How to deal with exam stress · Supporting somebody with Anxiety · Supporting somebody with depression · GCSE pressure and looking after your wellbeing in year 11 	<p>Careers</p> <ul style="list-style-type: none"> · What are my employability skills? · Post 16 choices · Choosing your Post 16 pathway · Volunteering and paid work · Money talks: Apprenticeships v Higher Education · Does AI threaten our jobs? <p>Finance</p> <ul style="list-style-type: none"> · Income, expenditure, credit and debit 	<p>Citizenship and British Values</p> <ul style="list-style-type: none"> · The legal system in the UK, different sources of law and how the law helps society deal with complex problems · Civil law and criminal law · Registering to vote · Right to protest · Change makers 	<p>Online Safety</p> <ul style="list-style-type: none"> · Protecting yourself - Plagiarism and Cheating · Online Safety linked to jobs and careers · Stereotypes, including the influence of the media · Discrimination, Prejudice, Bigotry – including behaviours online · Bullying including cyberbullying

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	<ul style="list-style-type: none"> · Bigotry · Bullying · Legal rights and responsibilities regarding equality (with reference to protected characteristics as defined in The Equality Act 2010) · Professional relationships · Online dating · Strategies to respond, access support and report concerns 	<ul style="list-style-type: none"> · supporting others · Self-management · Positive mental attitude and performance psychology <p>Wednesday – Meditation</p> <ul style="list-style-type: none"> · Wellbeing – Wednesday form time <p>Fitness Friday</p> <ul style="list-style-type: none"> · Walk during form time 	<ul style="list-style-type: none"> · Insurance, savings and pensions, financial products and services · Know how public money is raised and spent · Financial risk including scams · The risks of gambling <p>Critical Skills – Debating - Ethics and Religion</p> <ul style="list-style-type: none"> · Moral maze: how do people make ethical decisions? · What is quality of life? · Different attitudes towards euthanasia · Different attitudes towards embryo modification) · Whose life is it anyway? (Exploring views on human rights, life & capital punishment) <p>Critical Skills - Life Skills</p> <p>Lancashire fire and water rescue assembly (all years)</p>		<ul style="list-style-type: none"> · The dangers of porn – unrealistic expectations on young people · Image sharing and the law – revenge porn and how to report · Strategies to respond, access support and report concerns · Reading a pay slip · Income, expenditure, online banking, credit and debit, insurance, savings and pensions, financial products and services, how public money is raised and spent · Online scams · The risks of gambling online
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Assemblies - We revisit and embed topics through assemblies, please see examples below:

- Cyberbullying - methods, issues, what you can do
- Grooming - What does a groomer want, what techniques do they use? Reporting grooming
- Sharing images on social media - the risks, how to think differently.
- Sexual harassment - say something campaign
- Risk taking – online, what the law says
- The concept of waiting in the digital world – issues around immediate gratification and creativity
- Self-validation – using social media for self-worth
- Sharing nude images and ways of dealing with requests
- World mental health day
- Kindness and community
- Anti-bullying week
- LGBTQ+ History month
- Black History month
- World Autism Awareness Week

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Year	Relationships and Sex Education (RSE) (Including online relationships)	Health Education: Physical Health and Mental Wellbeing	Living in the Wider World – Critical Skills Citizenship and British Values	Online Safety
12	<p>Staying Safe – Expecting Respect</p> <ul style="list-style-type: none"> ·Exploitation and the grooming process ·How to support someone who may be at risk <p>Staying Safe – County Lines</p> <ul style="list-style-type: none"> ·Raising awareness ·Refresher of KS4 drug messages <p>Staying Safe – Sexual Health</p> <ul style="list-style-type: none"> ·Brook Advisory assembly with a focus on contraception and the services they offer. <p>Staying Safe – Healthy Relationships</p> <ul style="list-style-type: none"> ·What is sexual harassment? ·How and where to report. ·Male and female statistics on sexual harassment and harmful sexual behaviours ·Say Something campaign <p>Staying Safe – Online Sexual Harassment (see Online Harms)</p>	<p>School Safety Plan</p> <ul style="list-style-type: none"> ·Keeping students safe in school: fire safety; accessing support in school, including safeguarding. <p>A Level State of Mind</p> <ul style="list-style-type: none"> ·Helping students to adjust to A Level studies; advice and guidance on making effective transition from GCSE to A Level studies <p>World Mental Health Day</p> <ul style="list-style-type: none"> ·Student led day of raising awareness, providing sources of support and education. <p>Staying Safe</p> <ul style="list-style-type: none"> ·How to manage your own wellbeing and how to support each other- sources of support in and outside of Sixth Form 	<p>Freshers Fair</p> <ul style="list-style-type: none"> ·Assembly from Student President discussing Student Leadership Team vision; Senior VP Head of Student Council explaining role; VP Student Voice explaining power of student voice; Freshers Fair in canteen to celebrate diversity and opportunities to get involved in Sixth Form life and make a successful transition from GCSE to A Level experience. <p>Black History Month</p> <ul style="list-style-type: none"> ·A range of student led activities, including an assembly, to raise awareness <p>Armistice Day</p> <ul style="list-style-type: none"> ·Assembly to remember all those who have died in conflicts around the world since the end of World War I. <p>Holocaust Memorial Day</p> <ul style="list-style-type: none"> ·Student led assembly after visit to Auschwitz to reflect on the horrors of the Holocaust. <p>LGBT+ History Month</p> <ul style="list-style-type: none"> ·The unacceptability of prejudice-based language and behaviour, online and offline, including, homophobia, biphobia, transphobia, racism, the need to challenge it and how to do so ·The need to promote inclusion and challenge discrimination ·The history of the LGBT+ community 	<p>Staying Safe online – Where’s the line?</p> <ul style="list-style-type: none"> ·Online sexual harassment ·What it is and isn’t ·How to respond / report <p>Staying Safe Online</p> <ul style="list-style-type: none"> ·Online safety including fake news and financial scams. <p>Sharing Nudes</p> <ul style="list-style-type: none"> ·How to stay safe online <p>Termly Parent Newsletter</p> <ul style="list-style-type: none"> ·How to keep your young person safe online

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			<p>Ramadan Assembly ·An opportunity to share this special time of year for many of our students with the whole student body, including invitation to collective fast.</p> <p>Ethics, Philosophy and Religion Conference Launch ·Assembly to introduce the conference to students</p>	
<p>13</p>	<p>Sexual harassment and consent · Consent refresher · Rape (statutory acquaintance and date rape) · Spiking - The importance of not leaving drinks unattended · Real life case studies · Male and female statistics of sexual harassments · Exploring under reporting of sexual violence · How and where to report, “say something campaign”</p> <p>Unhealthy relationships · Coercive, controlling behaviour · Gas lighting · Forced marriage · So, called “honour” based abuse · Call-out culture · Online shaming</p>	<p>Drug Use · Students build on what they know about drugs and the difference in legal penalties for possession and supply. Explore the dangers of nitrous oxide (balloons), cocaine, cannabis, ecstasy MDMA, ketamine and amphetamines</p> <p>Recognising Destructive Behaviours in Yourself and Others · Different forms of addiction including gambling · Student loan stories with gambling · Alcohol and drug addition · The dangers of binge drinking, university stories · Know your limits</p>	<p>Equality Act 2010 - Protected Characteristics · Legal rights and responsibilities regarding equality (with reference to protected characteristics as defined in The Equality Act 2010) · The law and discrimination in the UK, how and why should we challenge discrimination and bigotry – including classism · The unacceptability of all forms of discrimination, and how to challenge it, prejudice and bigotry in the wider community including the workplace · The impact of stereotyping, prejudice, bigotry, bullying, and discrimination on individuals and communities · There are diverse national, regional, religious and ethnic identities in the United Kingdom and the need for mutual respect and understanding</p>	<p>Equality Act 2010 - Protected Characteristics · The need to promote inclusion and challenge discrimination, Strategies to challenge all forms of prejudice and discrimination and how to do so safely, including online</p> <p>Online Behaviour and its Ramifications · Students consider their usernames and email addresses and the impact they can have when applying for jobs · They learn about the impact of trolling and the legal consequences of trolling someone · They learn about cyberstalking, harassment · The dangers of porn refresher; unrealistic expectations</p>

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	<ul style="list-style-type: none"> · Toxic behaviour · Revenge porn <p>Sexual Activity</p> <ul style="list-style-type: none"> · Refresher on the different forms of contraception and the importance of regular sexual health check-ups at GUM clinics · Local GUM clinic information shared · Recap of STI's and the importance of getting them treated · Risks of infertility · Options available if you are infertile 		<ul style="list-style-type: none"> · The unacceptability of prejudice-based language and behaviour, online and offline, including sexism, homophobia, biphobia, transphobia, racism, disablist and faith-based prejudice, the need to challenge it and how to do so · The need to promote inclusion and challenge discrimination <p>Intolerance and radicalisation</p> <ul style="list-style-type: none"> · Incels and extremism · To recap extremism and radicalisation and what support is available if they or someone they know are at risk of becoming radicalised 	<ul style="list-style-type: none"> · Correctly identify what to do to prevent revenge porn and what to do if you become a victim · Students also consider fraud online and how to spot potentially fraudulent messages · Strategies to respond, access support and report concerns <p>Unhealthy relationships</p> <ul style="list-style-type: none"> · Call-out culture and gas lighting online · Online shaming · Toxic behaviour online · Digital footprint
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